

# Chrysalis

## Holidays



**2019**

**Pre-brochure Holiday List**



## Themed Holidays in Scarborough

Capacity - 12 guests

The home of Chrysalis. Cayton Bay Lodge, has been fully adapted to cater for all your needs. It's just a short way from the vibrant seaside town of Scarborough with its sandy beaches, lively seafront, great shops, and close to the Yorkshire Moors. Activities are based on the holiday theme but all include the staple favourites of a shopping day, the cinema or DVD night, and a restaurant meal.

### Quick Care Package Guide

3:1 = The majority of our guests. Usually fully mobile and needing just limited help with personal care.

1:1 = For those who need more assistance with their personal care. Most of our customers who use a wheelchair or walking aid are also in this category.

### 60s WEEK

Celebrate the era that changed the world, the fashion, the music and the time of optimism and change. Even if you don't remember it there will be something to enjoy on this week. Dust off your bells and hippie headbands for our fancy dress

### WINTER WARMER

Need some rest and relaxation after a hectic Christmas? Spend a great week with us on our cosy winter warmer holiday. Hot chocolate, marshmallows and gingerbread men in front of the fire. Relaxing foot spas and lots of indoor activities to warm the spirit during the cold winter months. Don't forget to pack your slippers!

### MUSIC WEEK

This is always our most popular holiday. Get involved in our quizzes and in-house concert to maybe win a prize. Let your star shine on the karaoke machine and enjoy live professional music. Book early as this holiday always sells out!

### TV SOAPS & GAME SHOWS

Do you love soaps, game shows, dramas and films? Then we've created the perfect holiday for you! Take a look behind the scenes on the set of Emmerdale, visit the cafe on Heartbeat, and test your knowledge in our evening of game show quizzing. We'll even create our own TV show during our in-house drama session.

### 70's and 80's WEEK

Perhaps flares, neon, funk & soul are right up your street? Come, enjoy the music of ABBA and glam rock. Re-live your favourite TV moments in Starsky & Hutch or Knight Rider. Get involved in some great gameshows as we re-create Bullseye, Blankety Blank, and the Generation Game. Cuddly toy anyone?

### MEMORY LANE

A nostalgic blast from the past. Take a trip down memory lane on the North Bay miniature railway and Scarborough seafront tram. Visit the Eden Camp and York Air museums and experience the set of Heartbeat first hand. Feast on the favourite foods of your childhood and play wonderful games of yesteryear.

### ARTS & CRAFT WEEK

Unleash your inner artist. Experiment with new mediums and techniques. Try your hand at photography or card making. Create wonderful collages with materials collected from the beach and forest. We include a trip to a local pottery painting shop and all the materials you need to make your individual works of art.

3-to-1 staffing 1-to-1 staffing

Sat 12 Jan - Fri 18 Jan £600 £1190

Mon 28 Jan - Fri 1 Feb £480 £980

Mon 4 - Fri 8 Feb £490 £980

Mon 28 Oct - Fri 1 Nov £500 £990

Sat 9 - Fri 15 Feb £720 £1460

Tue 23 - Fri 26 April £420 £800

Sat 23 Feb - Fri 1 Mar £680 £1400

Sat 2 - Fri 8 Mar £680 £1400

Mon 18 - Fri 22 Mar £490 £970



**Scarborough**  
Continued...



3-to-1 staffing 1-to-1 staffing

**YORKSHIRE TEA ROOMS**

Take a leisurely break with new friends and have lots of fun tasting some fresh cream teas. Compare what all these lovely tearooms and beach cafes have to offer and then see if you can surpass them when making your own cakes & scones.

Mon 25 - Fri 29 March £480 £980

**STARS IN THEIR EYES**

Polish your performance, get ready your outfit and walk through that door while we announce "tonight Matthew we present". Everyone has at least one good impersonation in them so bring it along with you and wow the crowd. Lots of singing, karaoke and entertainment on this holiday.

Mon 1 - Fri 5 April £480 £970

**GREAT YORKSHIRE RAILWAYS**

Calling all you train buffs, what better way to spend a week than with us as we take a ride through the Yorkshire countryside on a vintage steam train. Visit the world famous national Railway Museum in York and ride the miniature steam trains at North Bay Railway. All in all a train lover's dream holiday.

Sat 6 - Fri 12 April £730 £1470

Sat 5 - Fr 11 Oct £760 £1530

**SHORT & SWEET**

New to Chrysalis or never been on a group holiday? Or maybe just wanting a short break? You'll have a great time exploring the seafront, shops, and taking in an evening concert, some ten pin bowling or a visit to the cinema. From early Monday, to late Thursday we'll make sure you have the time of your life, finishing with a slap up meal on the way home before saying goodbye to your new friends.

Mon 15 - Thu 18 April £410 £780

Mon 7 - Thu 10 May £430 £820

**SPRING WATCH**

Watch how the countryside comes to life during the spring. See how people and nature can work together to create spectacular displays. Visit the magnificent Castle Howard Stately Home and the Peasolm Park Japanese Gardens, to name but two examples. Also take home a hand-crafted memento for your own garden

Mon 13 - Fri 17 May £490 £980

**ALL CREATURES GREAT & SMALL**

From cute little lambs to majestic tigers or huge elephants, the world is full of amazing creatures. Discover some of our native wildlife in Dalby Forest and on the sea shore, and have a wonderfully interactive experience with some more exotic creatures at The Yorkshire Wildlife Park and Scarborough Sea Life Centre.

Sat 1 - Fri 7 June £750 £1510

**TRAINS PLANES AND AUTOMOBILES**

Exactly what is says on the tin! Fill your days with visits to the historic railways of North Yorkshire, visit iconic car museums, have thrilling speedboat rides and enjoy all things transport in this week of excitement.

Sat 8 - Fri 14 Jun £750 £1520



**THEME PARK EXTRAVAGANZA**

Theme park rides and attractions will keep a smile on your face all week. Whether you are a roller coaster fanatic or would rather bob-along gently in the 'River Caves', we'll find the ride for you! We'll visit a variety of fun-fairs and amusement arcades and top the week off with a trip to Flamingoland Theme Park and Zoo.

3-to-1 staffing 1-to-1 staffing

Mon 17 - Fri 21 Jun	£550	£1080
Mon 16 - Fri 20 Sept	£590	£1140

**ALL IN THE GAME**

What would summer be without sport? This week we can watch Wimbledon while enjoying strawberries & cream in the sun. It's also during the cricket world cup so we can cheer England on. However, we don't only want to watch others, but get active ourselves, indoors & outdoors, as we stage our own Olympics, play pool, boules, rounders and enjoy the most English of pastimes: croquet on the lawn.

Mon 1 - Fri 5 July	£520	£1040
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**SUMMER HOLIDAY**

We're all going on a summer holiday! Are you coming with us? It's time for sun hats, sun cream and shades. Join us for a week by the sea enjoying all the summer fun that Scarborough has to offer. We will indulge in boat rides, trips to the beach, barbeques, outdoor games, and shopping. It's time to get outdoors and make new friends as we explore the largest holiday resort in Yorkshire together.

Sat 6 - Fri 12 Jul	£840	£1640
Sat 13 - Fri 19 Jul	£840	£1640
Mon 22 - Fri 26 Jul	£610	£1170
Sat 3 - Fri 9 Aug	£840	£1640
Mon 9 - 13 Sept	£610	£1170

**18 - 30's SUMMER HOLIDAY**

For all of you who are footloose and fancy-free. We're not too strict on the age but are serious about having a blast! The week will include games on the beach, barbeques, beer gardens, seal watching, the circus and a day at Flamingoland Theme Park & Zoo... and anything else we can pack into this exciting week.

Sat 27 Jul - Fri 2 Aug	£750	£1500
Sat 10 - Fri 16 Aug	£750	£1500

**ADVENTURE WEEK**

Come and experience the great outdoors with us. Probably the most exciting week on the Chrysalis programme with a fantastic range of activities on offer including orienteering, Laser Quest, Flamingoland, a speedboat ride and a night under canvas; complete with barbeque and a campfire. We'll also be checking out the brand new pools, slides and waves of Alpamare Water Park.

Sat 17 - Fri 23 Aug	£800	£1570
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**SENIOR'S SUMMER**

Everything you would expect from a summer holiday, just taken at a slightly slower pace. We'll take a fond nostalgic look at the traditional Summer Holiday: ice creams & deck chairs on the beach, picnics, afternoon strolls, steam train rides. All taking place in Yorkshire's first and foremost seaside resort.

Sat 31 Aug - Fri 6 Sep	£840	£1640
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**Scarborough**  
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**CHRYSALIS BAKE OFF**

3-to-1 staffing 1-to-1 staffing

Bake a variety of cakes and pies during this tantalisingly tasty treat of a holiday. Judge which holidaymaker's baking you like best in our 'Bake Off' competition...or maybe you think you can win the title yourself? Make your own afternoon tea, also see how sweets are made by the experts at the John Bull Rock Making Factory.

Mon 21 - Fri 25 Oct £660 £1390

**GLITZ & GLAMOUR**

This one's for the ladies only. Jewellery making, ballroom dancing, baking...this holiday is packed with wonderful things to keep you happy and entertained. Want a new look for your hair? Or learn some new skills with your make up? We have a wonderful staff team eager to help you, as well as pamper you with massages, aromatherapy and manicures.

Sat 2 - Fri 8 Nov £700 £1430

**MEN & MOTORS**

Join in with the fellas this week. A holiday for the gentlemen to do what gents do: A day at the races, a night at the pub (sampling locally made beer) and going to see the vintage car show. Also get involved in our 10 pin bowling and darts competitions.

Sat 9 - Fri 15 Nov £770 £1530

**BINGO & BOWLING**

In this week of fun & frivolity we'll be going to Mecca. Not the one requiring a flight to the middle east, oh no, we'll be going to the epicentre of the modern gaming world. Bingo galore, both in-house and in town; a bounty of 10 pin bowling; and we'll also find time for a film and trip to a local restaurant.

Mon 18 - Fri 22 Nov £480 £980

**SENIORS CHRISTMAS CRAFTS**

Get ready for the festive season on this week of hand made crafts, make your own cards, decorations, table centrepieces and mince pies. A week at a steady pace and a talented team helping you prepare and take home all you need to kick off the festive period. A week full of warmth, sparkle and Christmas magic.

Mon 25 - Fri 29 Nov £470 £960

**CHRISTMAS WEEK**

Crafts, carols, cooking and good cheer as we get ready for the fun and festivity of Christmas! Join us as we create a magical Christmas Eve and Christmas Day, do a spot of present shopping, cook a turkey, have a visit from Santa and hear about the real meaning of Christmas. Merry Christmas everybody!

Sat 30 Nov - Fri 6 Dec £800 £1560

Sat 7 - Fri 13 Dec £800 £1560

Mon 16 - Fri 20 Dec £620 £1150

## Advanced Care Holidays

Capacity - 5 guests

Designed to absorb and interest those with more complex needs in a fun, safe environment. Staffed at a higher than 1-to-1 ratio at Cayton Bay Lodge - our parent charity's adapted accommodation in Scarborough. Customers on these holidays often need full assistance in most aspects of their care.



### SENSORY EXPERIENCE

Stimulate the senses of sight, sound and touch in our very own snoozelum, enjoy the plant & pine aromas of Dalby forest, taste some of our home made baked goods. Have a splash around at the local pool, catch a bit of live music or try playing a musical instrument. Enjoy a hand massage and a little pampering. Whatever you do this holiday, you're bound to feel rejuvenated and made to feel special from this week totally focussed on you.

> 1-to-1 staffing

Mon 21 - Thu 24 Jan £1030

Mon 18 - Thu 21 Feb £1030

## Themed Holidays Around the UK

Capacity - 10 guests

Explore more of our great island! We carefully select the best accommodation in great locations to help us deliver a fantastic itinerary of activities and sightseeing.



### BUTLINS (Skegness)

Once again we are visiting all three of the Butlins' resorts, starting this year with the place where it all began for Billy Butlin: Skegness. There's a gorgeous blue flag beach right on the doorstep, lots of arcades and fun park; but that'll only be after we've enjoyed the restaurants, the bars, the bowling, the water park and the live music & dance shows.

3-to-1 staffing 1-to-1 staffing

Mon 25 - Fri 29 Mar £700 £1290

### BUTLINS (Minehead)

Join us on this trip to Minehead in scenic Somerset. The resort opens onto a sandy beach and you can enjoy the Skyline Pavillion, 4D theatre and retro fairground. Bring your swimming gear as we explore the pools and slides in the aqua park, and hone your skills on the pool table before hitting the live shows for music and dancing and a night life second to none.

Mon 6 - Fri 10 May £910 £1740

### CARMARTHEN SUN, SEA & SAND

Past the hills and valleys of the Brecon Beacon National Park is the treasure of Carmarthenshire. In Tenby & Saundersfoot gleam perfect picture-postcard sandy beaches. Near Carmarthen Bay we stay at a gorgeous guesthouse that has been lovingly created out of a 17th century chapel. This holiday gets so many guests returning year after year we advise you to book early.

Sat 8 - Fri 14 Jun £700 £1260

### BLACKPOOL SUMMER

Steer your way through the many tourist trappings of Blackpool, from riding the 'Big One' at the Pleasure Beach, to watching a show in the tower, to seeing the impressive Madame Tussauds wax works...it's impossible to be bored in Blackpool. (We are staying at The Grays Hotel for the June & August holiday, and at a specialist disability hotel for the two July holidays)

Mon 24 - Fri 28 Jun £790 £1430

Mon 15 - Fri 19 Jul £1030 £1750

Mon 22- Fri 26 Jul £1030 £1750

Mon 5 - Fri 9 Aug £790 £1430

### WALKING IN THE HILLS

For our more adventurous guests that love to get out and about walking in the hills. In the beautiful Northumbrian village of Romaldkirk the accommodation alone will make you feel special, but it's the surrounding scenery that will take your breath away. Bring your walking boots and backpack.

Mon 1 - Fri 5 Jul £850 N/A

### COUNTRY & NATURE - NORTH WALES

Have you ever rode a horse or would you like to try? The highlight of this week is a horse ride through the beautiful Welsh countryside. Also enjoy a trip to the Welsh Mountain Zoo and walk among the Parys mountain trail. A must for every nature lover out there.

Mon 8 - Fri 12 Jul £750 £1300



**NORTH WALES SUMMER**

3-to-1 staffing 1-to-1 staffing

Our regular customers sure do love this part of the world, and who could blame them. You have a wonderful expanse of coastline, some of the best preserved castles in the world, and some belting traditional seaside resorts like Llandudno and Conwy... all served with friendly Welsh hospitality.

**18-30s BLACKPOOL SUMMER**

What better place to have our 18 - 30s summer holiday but the town of Blackpool, with it's pleasure beach, live shows, amusement arcades and electric atmosphere. Staying at The Grays hotel which is central to most of the nightlife, you will make new friends and have a high old time on this special 18 - 30s holiday.

**CARMARTHEN ADVENTURE WEEK**

Carmarthen has become a favourite for our mid-summer breaks. Whilst there we've discovered some wonderfully exciting things to do, like high wires, canoeing, archery and orienteering. If you've been waiting for an adventurous trip, somewhere new, don't miss out on this popular holiday!

**BUTLINS (Bognor Regis)**

For our final trip to the iconic Butlins resorts, we're heading to Bognor Regis. The live shows and fairground will keep you entertained, while the panoramic views of the sea and Ocean Spa will help those stresses simply drift away.

**BLACKPOOL ILLUMINATIONS**

See Blackpool at its spectacular best. Illumination season in the North West's premier resort is memorable and exhilarating. Come and join the fun on this ever popular holiday. *(The 1st and 3rd holiday will take place at a specialist disability hotel, the 2nd & 4th at The Grays Hotel.)*

**TINSEL & TURKEY (Lake District)**

Why haven't we thought of this before? One of the most enchanting places in the country, for those magical Christmas preparations. Start your Christmas shopping in Kendal or Windermere, then eat some freshly baked gingerbread while making tree decorations and writing Christmas cards in front of the roaring fire.

**TINSEL & TURKEY (Blackpool)**

Chris & Gary at The Grays Hotel will make us feel very welcome and truly festive with Christmas decorations, menu and entertainment. Allow Blackpool to get you into the spirit with a pantomime, ice show, and a good dose of Christmas shopping.

**TINSEL & TURKEY (North Wales)**

Join us for a few days of pre-Christmas festive fun at the beautiful Gwesty Seren Hotel in the heart of Snowdonia. We will share in all the fun of Christmas, with entertainment, carols, cooking & crafts. We will create a magical Christmas Eve & Day, along with a spot of present shopping and a visit from Santa.

Mon 12 - Fri 16 Aug £790 £1310

Mon 19 - Fri 23 Aug £750 £1370

Sat 7 - Fri 13 Sep £760 £1460

Mon 30 Sep - Fri 4 Oct £970 £1620

Mon 7 - Fri 11 Oct £1010 £1610

Mon 14 - Fri 18 Oct £770 £1400

Mon 14 - Fri 18 Oct £1010 £1610

Mon 28 Oct - Fri 1 Nov £770 £1400

Mon 2 - Fri 6 Dec £780 £1270

Mon 9 - Fri 13 Dec £740 £1370

Mon 16 - Fri 20 Dec £920 £1500



## Choice Holidays

Capacity - 4/5 guests

Taking place at varied locations, these five day breaks offer a quieter, more personalised holiday. Activities are chosen according to the wishes of holidaymakers throughout the week. The following descriptions are just suggestions.

### LLANDUDNO

There's something for everyone in North Wales' number 1 resort. Ride the cable car or tram up the Great Orme, visit the Welsh Mountain Zoo and ancient copper mine, or relax amidst the beauty of Betwys-y-Coed. Trips to the theatre, beach and promenade are also at your fingertips.

### DURHAM

Staying in a beautiful cottage in the picturesque village of Romaldkirk, soak up all that Durham and the surrounding area has to offer. Get up close to the Angel of the North, explore the abbey and gardens of Egglestone Hall, enjoy the world famous open air museum at Beamish, tour around the local Cross Lanes Organic Farm (which will keep us sustained during the week on the finest of produce!). For the nature enthusiast there is also a spectacular High Force Waterfall.

### LAKE DISTRICT

The gorgeous Lake District, at any time of year - is there a nicer place in the country? Enjoy luxury self catering accommodation and the freedom to choose your own itinerary, whether it be cruising along Lake Windermere or exploring the world of Beatrix Potter.

### BOURNEMOUTH

Visit the beautiful seaside town of Bournemouth. There are attractions a plenty here to choose from. Visit nearby Poole harbour with its pleasure boat rides. Explore the award winning beaches and beautiful villages. There are grand houses, maritime museums, an ape rescue centre, an Oceanarium and shopping a-plenty, all surrounded by beautiful Dorset countryside.

### NORTHUMBERLAND

The wild and rugged scenery of Northumberland is the backdrop for this holiday to England's most northerly county. Close to the Scottish Border and Hadrian's Wall, steep yourself in the history of the area with visits to Alnwick or Bamburgh Castle, or Housteads - the most complete Roman fort in Britain, or stand on the wall its self. Visiting Keilder Observatory or the Longstone Lighthouse are also options...the choice is yours.

### ANGLESEY

Returning to the home of Chrysalis and the jewel of North Wales. No one knows how to put together a summer holiday on Anglesey like we do. Join us as we explore the Island's best beaches, vantage points and historical treasures.

3-to-1 staffing 1-to-1 staffing

Mon 11 - Fri 15 Mar £780 £1240

Mon 2 - Fri 6 Sep £890 £1390

Mon 1 - Fri 5 Apr £820 £1300

Mon 8 - Fri 12 Apr £770 £1260

Mon 3 - Fri 7 Jun £800 £1300

Mon 16 - Fri 20 Sep £820 £1330

Mon 29 Apr - Fri 3 May £880 £1370

Mon 29 Apr - Fri 3 May £880 £1370

Mon 20 - Fri 24 May £830 £1320

Mon 16 - Fri 20 Sep £850 £1350



**DEVON**

3-to-1 staffing 1-to-1 staffing

For many, Devon is their favourite county because of its effortless quaint charm and stunning landscapes. Based near Exmouth, you'll have lots of fine attractions on the doorstep, including live shows, river cruises, land trains, coastal walks, cafes serving the finest cream teas, and a whole host of superb restaurants.

**THE NEW FOREST & SOUTH COAST**

Visit the spectacular and rugged scenery of Dartmoor and The New Forest where ponies and deer still roam free. Take in some remarkable scenery during the official guided tour, enjoy the New Forest Show & Wildlife Park and visit the spectacular National Motor Museum at Beaulieu.

**LOCH LOMOND & SCOTTISH HIGHLANDS**

There is no UK scenery more breathtaking than that found around the shores of Loch Lomond. Surrounded by oak woodlands and nestled amongst the Trossachs National park, this is the place to enjoy nature at its magnificent best. Get the best views during a day cruise along the Loch or take a step back in time at Dumbarton Castle, or journey to prehistoric times at the mystical Killin Stone Circle. The area also boasts lots of wildlife to see and outdoor activities to take advantage of.

**MARGATE**

Visit the newly re-opened retro theme park of Dreamland in Margate, a town enjoying a resurgence of popularity. Visit the inspiring Canterbury Cathedral, a Viking ship replica and the picturesque Herne Bay. This week can also include a light railway journey or a trip to London if you fancy.

**GREAT YARMOUTH**

Great Yarmouth is known for its long sandy beach. The Time and Tide Museum traces local history. See the penguins and sharks at the Sea Life aquarium. Feel like a giant at the Merrivale Model Village and there are enough thrilling rides to satisfy any adrenaline junky at The Pleasure Beach and Joyland Amusement Park.

Mon 3 - Fri 7 Jun £860 £1360

Mon 17 - Fri 21 Jun £870 £1370

Mon 24 - Fri 28 Jun £870 £1370

Mon 1 - Fri 5 Jul £900 £1400

Mon 23 - Fri 27 Sep £900 £1410



## Holidays Abroad

Capacity - 4/5 guests

We have a great selection of abroad holidays waiting for you.

Explore the historic buildings of Prague, have a Guinness in Ireland, swim in the Med, ski in the Alps, or just kick back by the pool, have a barbeque and soak up some sun.

### CARIBBEAN CRUISE

3-to-1 staffing 1-to-1 staffing

We're sailing away to find some sandy beaches, cocktails and winter sun in the Western Caribbean. Explore exciting places like the island of Cozumel, Costa Maya and Grand Cayman with their silver beaches and coral reefs, then hop back on board for some fine dining, a Vegas-style show and a whole host of other on-board entertainment. Discover the Caribbean, in the lap of luxury.

Sun 13 - Sun 20 Jan £3560 N/A

### DISNEYWORLD FLORIDA

Our first trip to the largest of the Disney theme parks, with 43 square miles of entertainment. So big it's split into 4 great theme parks: The Magic Kingdom, Epcot, Hollywood Studios and Animal Kingdom...and we will be visiting them all! With two exciting night time entertainment complexes we can guarantee that every minute of your time will be filled with all things wonderfully Disney.

Sat 2 - Sat 9 Feb £3460 N/A

### DISNEYLAND PARIS

Like your Disney a little closer to home? How about in Europe's premier theme park? Meet your favourite characters, enjoy all the rides, and absorb the magic with your inclusive 3-day park pass. I'm sure many will be pleased to hear that once again, we will be leaving the minibus in the car park and flying to Paris.

Mon 11 - Fri 15 Feb £1480 £2380

### PRAGUE

The capital of the Czech Republic steeped in history and home to some of Europe's most beautiful buildings. The bohemian features and architecture are perfect if a beach holiday is not your thing. Sample the cuisine, visit the famous Old Town Square, the Charles Bridge and generally marvel at the beauty of this city.

Sat 23 Feb - Fri 1 Mar £1620 £2480

### ALPINE ADVENTURE

Possibly the most breath taking place in Europe. Breakfast on the chalet balcony, with the mountains in the background, might be all you need to return home happy, but if you're looking for a more adventurous highlight there'll be a chance to toboggan, snow mobile or even go dog-sledding. Let us create your perfect Alpine experience in the world renowned resort of Meribel.

Sat 9 - Sat 16 Mar £2220 N/A

### THE ALGARVE

Bryn and Hazel are waiting to welcome you to the fabulous Tregooselet villa, complete with swimming pool hoists & beach wheelchairs, on the beautiful, popular coast of The Algarve, Portugal. A full range of activities will be organised, including visits to the gorgeous Praia da Luz, Albufeira, and the Zoomarine Water & Theme park. Book fast as this one always sells out.

Sat 11 - Sat 18 May £2180 £3360



**MAJORCA**

3-to-1 staffing 1-to-1 staffing

If it's sun and scenery you are after then look no further. As well as exploring the vibrant resort and sampling fine Spanish cuisine, we'll travel the beautiful coastal route, visit the magnificent Palma Cathedral and relax by the pool and have fun on the beach.

Sat 18 - Sat 25 May      £1890      £2890

**BENIDORM**

Everyone should go to Benidorm at least once in their life, it's a fun and friendly resort with lots of restaurants, tapas bars and cabaret acts that play into the early hours; and not forgetting the three top-rated blue flag beaches. You'll find the typically Spanish apartment all you could wish for.

Sat 28 Sep - Fri 4 Oct      £1800      £2710

**CASTLEBAR**

A stalwart of the Chrysalis programme, our legendary trip to Ireland! Based at the purpose-built Lough Lannagh Holiday Village in Castlebar, we'll be in an area of outstanding natural beauty with miles of breath taking coastline and mountains. Enjoy the scenery of Ireland and come share in the craic of our fun-loving neighbour. *Travelling overland via Dublin.*

Sat 19 - Fri 25 Oct      £1190      £1950

**LANZAROTE**

Beaches, sightseeing, markets, and theme parks make it impossible to run out of things to do in Lanzarote. If you've never been before it's time that you treated yourself to the experience! View the incredible volcanic landscapes, cook a snack on an active volcano, visit the Rancho Texas theme park, ride a camel and soak up some winter sun.

Thu 7 - Thu 14 Nov      £2250      £3350

The foreign holiday programme is only suitable for customers who travel well.

We fly from airports in the north west to all destinations except Ireland, where we travel by minibus.

Chrysalis does not offer travel insurance. As part of the booking agreement you must take out your own comprehensive insurance. It is advisable to also have a EHIC (European Health Insurance Card) for all holidays within the EU. (correct at time of going to press, guests need to check if this is still the case and take out extra health insurance accordingly)

As with our UK holidays, we will make every effort to fulfil the scheduled programme but Chrysalis reserves the right to change dates, alter prices and cancel holidays if necessary. In such circumstances you will have the right to a full refund.